



MOTHER THERESA ENGLISH MEDIUM SCHOOL

Affiliated to Central Board of Secondary Education (CBSE), New Delhi. - Aff. No. 130687

(A UNIT OF MOTHER THERESA INSTITUTIONS)

Lingapuram(V), Muthukur(P), Peddapanjani(M), Chittoor, Andhra Pradesh, India-517247



CIRCULAR NO: – MTS251

Date: 18/11/2025

Subject – Nutrition Day Celebration

Dear Parents,

Greetings!

We are glad to inform you that our school will be celebrating Nutrition Day on 20/11/2025 (Thursday) to create awareness about health and inculcate the habit of eating healthy food among students.

On this day, we request you to kindly send your ward dressed in any concept related to “Healthy Food” or “Junk Food.”

This can be a simple costume, an apron with pictures, a headband, or any creative representation of the theme.

Along with the outfit, please send a small healthy snack such as fruits, sprouts, nuts, salads, homemade millet items, etc. Kindly avoid junk food and packed items.

This activity is aimed at helping children understand the difference between healthy and unhealthy foods in a fun and meaningful way.

We look forward to your support and cooperation.

Thank you,

S. B. Srinivasulu

Principal.